10 Ingredients for a Safe Kitchen
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- Baggy clothes can catch fire
- Clean counters and cooking surfaces
- Don’t cook without an adult
- Don’t eat old leftovers
- No foil or metal in microwave
- Point knife away from yourself
- Throw away food that falls on the floor
- Use potholder or oven mitts for hot pots and pans
- Wash fruits and veggies
- Wash hands