



Personal Health Series  
**Getting Along**

Name:

Date:

## Happy Days

Instructions: Place a sticker or draw a smiley face on each day of the week that you do any of these activities (or write your own activities) with family or friends. After a week, choose the activity you liked best and draw a picture of you and your family member or friend doing the activity on the next page.

Played a game

Sang a song

Went for a walk

Acted silly

Read a book

Talked about your day

Played a sport

Ate a meal

Rode bikes

Danced

Played outside

Other activities:

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday



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A large, empty rectangular area with a dashed border, intended for drawing or writing.