Shutting Down the Rumor Mill

Instructions: You write a teen advice blog called Tips From Kris. Write answers to questions from teens using information from TeensHealth.org.

Dear Kris:
Yesterday I saw a sophomore taking pills in the bathroom. I texted all my friends saying that he’s a drug dealer. Today I found out he has a medical condition and he takes prescription pills once a day in the bathroom. I feel like I ruined his reputation. Is there anything I can do?

– Guilty Gary

Dear Guilty Gary,

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Dear Kris:
Someone at school posted a message that said I was driving drunk after a party. But I wasn’t even at the party! My boss told me she saw the message and said don’t bother coming into work this weekend. What should I do?
— Fired Francis

Dear Fired Francis,

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Dear Kris:
A guy at school is spreading rumors about me because I wouldn’t go out with him. He’s texting people and telling them things that aren’t true, but even my friends are starting to believe him. What should I do?

– Sad Sarah

Dear Sad Sarah,

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