



## Quiz Answer Key

- In type 1 diabetes, the pancreas can't make insulin because:
  - the person is overweight or obese
  - the body's immune system has attacked the pancreas
  - the person eats more simple carbs than the body can handle
  - all of the above
- When a person has type 1 diabetes:
  - there's not enough insulin to move glucose from the blood to the cells
  - there's too much insulin and not enough glucose
  - the body has too much glucose
  - insulin levels drop if the person doesn't eat enough
- Once a person has type 1 diabetes:
  - they need a new pancreas
  - the pancreas makes too much insulin
  - they need to eat right to keep their pancreas functioning properly
  - the pancreas can never make insulin again
- People with type 1 diabetes need to:
  - lose weight
  - take insulin in shots or with a pump
  - remove sugar from their diets
  - take insulin pills
- With type 2 diabetes:
  - the body does not produce insulin
  - the body doesn't respond normally to the insulin it makes
  - blood sugar is always too low
  - there is not enough glucose in the body
- When glucose is less able to enter the cells and supply energy, it's called:
  - glucose resistance
  - glucose overload
  - insulin resistance
  - insulin overload
- True or false: People can sometimes prevent type 1 diabetes. T  F
- True or false: People can sometimes prevent type 2 diabetes.  T F
- True or false: Most people who have type 2 diabetes are overweight.  T F
- True or false: If teens don't manage their diabetes well, the signs won't start to show until they are adults. T  F