Quiz

Instructions: Answer each question.

1. Symptoms of the flu include:
   a. fever
   b. body aches
   c. headaches
   d. tiredness
   e. all of the above

2. The flu is spread through the air when a person who has the virus ____________, ____________, or ____________.

3. Flu season is from ________________ to ________________.

4. True or false: All people age 6 months and older should get an annual flu vaccine.

5. What causes colds?
   a. not dressing warmly when it’s chilly
   b. microscopic viruses in the air or on things you touch
   c. sitting or sleeping in a draft
   d. going outside with wet hair

6. List three cold symptoms:

7. True or false: Rhinoviruses can stay alive as droplets in the air or on surfaces for 3 hours or more.

8. Most colds last for about ________________.

9. Name three things you can do that can ease cold symptoms:

10. True or false: Colds and the flu can be prevented by washing your hands.

11. EXTRA CREDIT #1: The “rhino” in rhinovirus is derived from the Greek word for ________________.

12. EXTRA CREDIT #2: The word “influenza” comes from the Italian word meaning “______________” of the stars.

13. EXTRA CREDIT #3: Virus particles can travel this many feet through the air when someone who has a cold coughs or sneezes:
   a) 3
   b) 12
   c) 25