Quiz Answer Key

Using the words below, fill in the blanks.

**WORD BANK**

- bright
- calories
- CPSC
- direction
- environment
- exercise
- helmets
- hand signals
- laws
- music
- injuries
- pollute
- stop signs
- sneakers
- right
- road
- CPSC

Biking is great for getting around, and it’s also great ___________ exercise ___________. Because it burns ___________ calories ___________ instead of fuel and doesn’t ___________ pollute ___________ our air, riding bikes is also great for the ___________ environment ___________.

But bike ___________ injuries ___________ are common, so it’s important to follow the rules of the ___________ road ___________ and bike ___________ laws ___________ set by your community. Smart teens wear ___________ helmets ___________ whenever they ride bikes. A bike helmet should fit ___________ tightly ___________ and should not be tilted. When you buy a bike helmet, you should make sure it has a ___________ CPSC ___________ sticker.

Everyone should wear ___________ bright ___________ clothes and ___________ sneakers ___________ when they ride bicycles.

Bike riders should stay on the ___________ right ___________ side of the road and go the same ___________ direction ___________ as traffic. Bike riders also need to stop at all ___________ stop signs ___________ and obey traffic laws. Bike riders should use the appropriate ___________ hand signals ___________ and never change directions or lanes without looking behind themselves.

Smart teens never ___________ text ___________ or listen to ___________ music ___________ while they’re riding bikes so they don’t get distracted.