Quiz Answer Key

1. Three examples of emotional abuse are:
   Any of the following: Teasing, bullying, humiliation, threats, intimidation, putdowns, betrayal, etc.

2. Three examples of physical abuse are:
   Any of the following: Slapping, pushing, grabbing, shaking, smacking, kicking, punching, hair pulling, etc.

3. True or false: Sexting is a good way to prove your love to your partner.

4. True or false: You can’t go to jail if you assault or rape someone with whom you’re in a relationship.

5. True or false: It can be hard to tell if you’re in an unhealthy relationship, especially early on.

6. True or false: If your BF or GF hits you in anger, but then promises never to do it again, it’s OK to believe him or her.

7. True or false: If your BF or GF hits you in anger, you probably did something to deserve it.

8. True or false: Physically abusive relationships almost always get better over time.

9. List three things you could do to help a friend who’s being abused.
   Any of the following: listen to him/her, believe him/her, don’t judge him/her, tell him/her it’s not his/her fault, don’t talk badly about his/her partner, offer to help him/her get help, etc.

10. List three people or organizations that can help you get out of an abusive relationship.
    Any of the following: parents, teachers, religious leaders, school nurses, teachers, school counselors, doctors, crisis centers, teen help lines, abuse hotlines, etc.