Survey

1. □ □ Some types of ultraviolet (UV) rays are safe for your skin.
2. □ □ Getting a base tan is a healthy way to protect skin from sun damage.
3. □ □ It’s smarter to tan indoors using a tanning bed.
4. □ □ Sunscreen with a sun protection factor (SPF) 30 provides twice the protection as an SPF 15.
5. □ □ You only need to put on sunscreen once a day.
6. □ □ You can’t get sunburned on cloudy days.
7. □ □ If it’s cold outside, you don’t need to wear sunscreen.
8. □ □ Ultraviolet (UV) radiation can’t go through glass.
9. □ □ People with darker skin color can’t get skin cancer.
10. □ □ Kids and teens can't get skin cancer.