1. A type of sugar that’s the body’s main source of fuel is:
   a) fructose
   b) sucrose
   c) glucose
   d) cellulose

2. Your pancreas makes a hormone called insulin that helps the glucose get into the body’s cells.

3. In type 2 diabetes, the pancreas still makes insulin. But the insulin doesn’t do its job as well in the body.

4. In type 1 diabetes, the pancreas can’t make insulin. The body can still get glucose from food. But the glucose can’t get into the cells, where it’s needed.

5. True or false: Kids and teens with diabetes shouldn’t exercise or be active.