Asthma

Quiz

Instructions: Answer each question.

1. What's another term for a person’s airways?
   a. tracheas  
   b. windpipes  
   c. bronchial tubes  
   d. bronchoconstriction

2. What do you call something that sets off an asthma flare-up? ____________

3. A ____________ attaches to an inhaler and holds asthma medication in place.

4. List three possible asthma triggers:
   ______________________________
   ______________________________
   ______________________________

5. Describe what happens to a person’s bronchial tubes during an asthma flare-up. ____________________________________________
   _______________________________________________________________________________________
   _______________________________________________________________________________________
   _______________________________________________________________________________________

6. True or false: Asthma is contagious. __________________________

7. List three asthma symptoms:
   ______________________________
   ______________________________
   ______________________________

8. A __________________________ is used to measure how well a person can blow air out of the lungs.

9. Which of the following is a substance that can cause an allergic reaction?
   a. peak flow meter  
   b. allergen  
   c. trachea  
   d. asthma flare-up

10. Explain why smoking is especially bad for people with asthma: