



Name: _____

Date: _____

Quiz

Instructions: Answer each question.

1. What's another term for a person's airways?
 - a. tracheas
 - b. windpipes
 - c. bronchial tubes
 - d. bronchoconstriction
2. What do you call something that sets off an asthma flare-up? _____
3. A _____ attaches to an inhaler and holds asthma medication in place.
4. List three possible asthma triggers:

5. Describe what happens to a person's bronchial tubes during an asthma flare-up. _____

6. True or false: Asthma is contagious. _____
7. List three asthma symptoms:

8. A _____ is used to measure how well a person can blow air out of the lungs.
9. Which of the following is a substance that can cause an allergic reaction?
 - a. peak flow meter
 - b. allergen
 - c. trachea
 - d. asthma flare-up
10. Explain why smoking is especially bad for people with asthma: