



## Quiz Answer Key

1. True or false: Always check the depth of water before you dive in.
2. If you don't see a lifeguard on the beach, you should:
  - a. only swim in shallow water
  - b. only swim up to your waist
  - c. not go in the water
  - d. only swim with experienced swimmers
3. You should wear a lifejacket:
  - a. any time it's raining
  - b. only if you're a beginning swimmer
  - c. only if it matches your lifehat
  - d. any time you go in a boat
4. True or false: You should always swim with another person even if you're a good swimmer.
5. True or false: More people die in boating accidents than in airplane or train crashes each year.

### Extra credit:

List three water safety rules that you'll remember to follow the next time you're near or in the water:

(Any three safety rules from [KidsHealth.org/en/kids/swim.html](http://KidsHealth.org/en/kids/swim.html), [TeensHealth.org/en/teens/water-safety.html](http://TeensHealth.org/en/teens/water-safety.html), or [TeensHealth.org/en/teens/safety-swimming.html](http://TeensHealth.org/en/teens/safety-swimming.html))