QUIZ

1. The four major types of germs are ________________________________.

2. True or false: Some bacteria are not harmful to people; some are even helpful.

3. The single best way to protect yourself from germs, and to avoid spreading germs to other people, is to ________________________________.

4. Name four times when it's important to wash your hands:

5. True or false: It’s OK to eat food if it’s on the floor for less than 5 seconds.

6. If you have to cough or sneeze, you should cover your mouth and nose with either a __________ or your ________________.

7. The best way to clean your hands is to wash them with soap and water for ____ seconds.

8. Which body system is responsible for fighting germs?
   a) cardiovascular
   b) digestive
   c) endocrine
   d) immune
   e) nervous
   f) respiratory

9. True or false: Athlete's foot is a kind of fungus.

10. True or false: Most viruses can't survive very long if they're not inside a host, such as the living cells of things like plants and animals (and people).