Testicles ("balls") are important:

- They make hormones that help guys grow and develop.
- They make and store sperm.

Signs of torsion:

1. Sudden, strong pain in a testicle
2. Swelling and redness
3. Feeling sick or throwing up
4. Testicle that hurts may be higher than the other
5. Pain may go away but come back again

Pain "down there" could be a sign of testicular torsion.

- Torsion is when the cord to the testicle twists. This cuts off blood supply.

If you have testicular pain:

- Go to the ER right away. Doctors can usually fix a torsion within 4 to 6 hours after pain starts.

Act fast! If you wait too long, the testicle may need to be removed.

Most common in guys 12-18