



Quiz Answer Key

1. True or false: Bullies are mean to kids on purpose over and over.
2. True or false: Bullying can make kids who are bullied feel physically sick.
3. True or false: If someone bullies you, you should bully that kid back.
4. True or false: Ignoring a bully and not reacting to the bullying can help sometimes.
5. True or false: If you or someone you know is being bullied, you should tell a trusted adult.
6. True or false: It's only considered bullying when bullying is physical.
7. List two things you can do to help a kid who's being bullied:
Any two of the following: tell an adult; be friendly to the kid; stick up for the kid; tell the bully to knock it off

8. List two things you can do to defend yourself against bullies:
Any two of the following: ignore the bully; don't bully back; stand tall and be proud; don't show your feelings; don't react; be confident in yourself; stay away from the bully; hang with a buddy when you think the bully will bother you
