



Quiz Answer Key

1. Drugs are chemicals that change the way a person's body and mind works.
2. True or false: Medicines are legal drugs. T F
3. List three illegal drugs:
Any three of the following; nicknames are acceptable: marijuana, cocaine, crack, heroin, tranquilizers and other depressants, methamphetamines, inhalants, LSD and other hallucinogens, Ecstasy
4. List two reasons why illegal drugs are dangerous:
Any two of the following: damage the heart and other important organs; lead to addiction; lead to death; lead to prison; result in harmful behavior; make kids less able to do well in school, sports, or other activities
5. A person who uses drugs can become addicted, or dependent on them.
6. List three signs that someone may be using drugs:
Any three of the following: lose interest in school; change friends (to hang out with kids who use drugs); become moody, negative, cranky, or worried all the time; ask to be left alone a lot; have trouble concentrating; sleep a lot (maybe even in class); get in fights; have red or puffy eyes; lose or gain weight; cough a lot; have a runny nose all of the time
7. A depressant is a drug that slows you down.
8. A hallucinogen is a drug that changes people's moods and makes them hear or see things that aren't there or think things that aren't true.
9. Name one thing you can do if you think someone you know is using drugs.
Tell an adult you trust or choose not to try or use drugs
10. When someone your age tries to influence how you act or get you to do something, it's called peer pressure.
11. List two reasons why kids give into peer pressure:
Any two of the following: to be liked, to fit in, worry they will be made fun of, everyone's doing it, poor judgment
12. List two ways you can "walk away" from peer pressure:
Any two of the following: listen to your own feelings, enlist a friend to resist as well, choose friends wisely, stay away from peers who are doing things that are wrong, ask an adult to help, say "No"
13. Who can you talk to if you're feeling pressured to do something that's not healthy?
Any one of the following: parents or guardians, adult relatives, teachers, school counselors, older siblings, clergy