Quiz

Instructions: Answer each question.

1. Which system of the body makes a mistake when you have a food allergy?
   a. respiratory
   b. immune
   c. endocrine
   d. nervous

2. Describe the mistake your body makes when you have a food allergy.
   ______________________________________________________
   ______________________________________________________
   ______________________________________________________

3. List three signs of an allergic reaction:
   a. _____________________________________________________
   b. _____________________________________________________
   c. _____________________________________________________

4. True or false: A person can have an allergic reaction to a food an hour after the food has been eaten.

5. Which of the following is the name for a sudden, severe allergic reaction that involves many systems of the body?
   a. antibody
   b. histamine
   c. anaphylaxis

6. True or false: Kids always grow out of all of their food allergies as they get older.

7. An _________________ is a doctor who specializes in allergies.

8. What’s the best way to deal with a food allergy? ______________________________________________________
   ______________________________________________________
   ______________________________________________________

9. For serious allergic reactions, people may need a shot of _________________.
   a. epinephrine
   b. histamine
   c. orange juice

10. _________________ are itchy red bumps or slightly raised patches of skin that can be the result of an allergic reaction.