Quiz

1. True or false. Most of the time, after a mild head injury, people return to normal even if the injury caused a concussion.

2. Which of the following is not a common symptom of a concussion?
   a) Headache
   b) Feeling dizzy or sleepy
   c) Laughing
   d) Vomiting
   e) Forgetting what just happened

3. Name two ways to help prevent getting a concussion:

4. Which of the following is not good for your brain?
   a) Eating healthy foods
   b) Exercising regularly
   c) Staying away from alcohol, drugs, and tobacco
   d) Wearing a baseball cap under your bike helmet to keep the sun out of your eyes
   e) Giving your brain a workout by doing puzzles, playing music, reading, or creating art

5. Your brain has many different parts that work together. Name at least three major parts of the brain:

6. Fill in the blanks using the word bank:
   The biggest part of the brain, making up 85% of the brain’s weight, is the ___________. The ____________, like the thermostat that controls the heater and air conditioner in your house, knows what temperature your body should be. The ____________ controls breathing air, digesting food, and circulating blood. The ____________, located at the back of the brain, controls balance, movement, and coordination. The ____________, which is about the size of a pea, releases hormones that make you grow.

<table>
<thead>
<tr>
<th>WORD BANK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brain stem</td>
</tr>
<tr>
<td>Cerebellum</td>
</tr>
</tbody>
</table>