Quiz

Instructions: Answer each question.

1. The flu is caused by the ____________________ virus.

2. Flu symptoms can be:
   a. mild fever and chills
   b. cough
   c. body aches
   d. all of the above

3. True or false: Doctors recommend that everyone older than 6 months should get a flu vaccine every year.

4. True or false: You can get infected by flu germs just by standing next to someone who has the flu.

5. ____________________ is the best thing you can do to avoid getting cold and flu germs.

6. The most common type of cold virus is the:
   a. hippovirus
   b. dinovirus
   c. rhinovirus
   d. all of the above

7. Your ____________ system protects your body from germs and illness.

8. True or false: You can catch a cold if you breathe in cold viruses on mucus droplets in the air.

9. True or false: You can catch a cold if you don't dress in warm clothes.

10. You might have a cold if you're:
    a. hungry
    b. coughing and sneezing
    c. alert and full of energy
    d. all of the above