Ingredients for a Safe Kitchen

Instructions: After cooking or baking a dish or a full meal with a parent, describe five food and/or cooking safety tips you and your parent used, and explain why each tip is so important.

1. 

2. 

3. 

4. 

5. 

Ingredients for a Safe Kitchen

My Recipe: ____________________________

Ingredients: __________________________

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__________________________________________________________________________

Directions: ____________________________

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