



Personal Health Series
Puberty

Name:

Date:

Puberty Pete

Instructions: Design a bookmark starring a character called Puberty Pete to help kids learn more about puberty. First, read the KidsHealth.org articles and select one puberty change that you want to focus on. Then create a bookmark that includes a drawing of Puberty Pete and one or two facts about the change of puberty you selected.

A large rectangular area defined by a dashed border, intended for students to draw their character Puberty Pete and include facts about puberty. A pair of scissors is positioned at the top right corner of the dashed box, indicating where to cut out the bookmark.