



Name: _____

Date: _____

Deciding on Empathy

Instructions: Here are three tricky situations involving a friend. Pick one of the situations to focus on, and write your thoughts about whether you show empathy in the situation and what results your decision might have.

- 1 You've been best friends with Sam since kindergarten. Since the start of school this year, you've become good friends with Taylor, too. But Sam told you yesterday that she's not going to be friends with Taylor anymore and neither should you. Now Taylor is sitting alone in the cafeteria, looking really sad. What should you do?
- 2 Your best friend, Dan, has started to pick on Peter, a quiet kid in your class. You thought it was funny in the beginning, but now Dan's getting meaner and meaner. Peter tries to stay away from Dan during the day, but Dan just picks on him more. Peter is becoming more and more upset. Other kids in the class still think it's funny. What should you do?
- 3 Your best friend's grandmother just died. She wants you to come over on Saturday night to spend time with her after the funeral because she's been so sad. Your dad bought you tickets to go see your favorite sports team play on Saturday night. Besides that, you're not really sure what to say to your friend. What should you do?

 **If I show empathy:**

Possible good results:

Possible bad results:

 **If I don't show empathy:**

Possible good results:

Possible bad results: