Quiz Answer Key

1. **True** or false: Everyone should visit a dentist two times a year.

2. **True** or false: A dental hygienist is the person who checks and cleans your teeth before you see the dentist.

3. Name two things you can do to avoid getting a cavity.
   
   Any two of the following: brushing, flossing, limiting sweets and sugary drinks.

4. Name two things that can cause bad breath.
   
   Any two of the following: smoking, poor dental hygiene, foods and drinks such as garlic, onions, cheese, orange juice, and soda.

5. **True** or false: Fluoride makes your teeth strong and helps prevent cavities.

6. Name the four main tastes that foods have:
   
   sweet  salty
   bitter  sour