Lesson 7: Try, Try, Try - How Trying Helped Me

Fill in the blanks to tell about a time you tried. Write about how you felt and what you thought.

**TRY NEW THINGS**
Can you think of a time you tried something for the first time? Write it down.

I tried ______________________________________________________________________.

Before I tried it, I felt ______________________________________________________________________.

Before I tried it, I thought ______________________________________________________________________.

How did it turn out? ______________________________________________________________________.

After I tried it, I felt ______________________________________________________________________.

After I tried it, I thought ______________________________________________________________________.

**TRY YOUR BEST**
Can you think of a time you tried your best at something? Write it down.

I tried my best when ______________________________________________________________________.

Write about what happened. What did you do to try your best? ______________________________________________________________________.

How did you think it would turn out? ______________________________________________________________________.

How did things turn out? ______________________________________________________________________.

What did you learn? ______________________________________________________________________.

How did you feel after you tried your best? ______________________________________________________________________.

**TRY AGAIN**
Can you think of a time you didn’t succeed at first, but tried and tried again, and then you finally succeeded? Write it down.

I tried again when ______________________________________________________________________.

Write about what happened. ______________________________________________________________________.

How did you feel after you tried again and succeeded? ______________________________________________________________________.