



Lesson 7: Try, Try, Try - How Trying Helped Me

Fill in the blanks to tell about a time you tried. Write about how you felt and what you thought.

TRY NEW THINGS

Can you think of a time you tried something for the first time? Write it down.

I tried _____ .

Before I tried it, I felt _____ .

Before I tried it, I thought _____ .

How did it turn out? _____ .

After I tried it, I felt _____ .

After I tried it, I thought _____ .

TRY YOUR BEST

Can you think of a time you tried your best at something? Write it down.

I tried my best when _____ .

Write about what happened. What did you do to try your best? _____ .

How did you think it would turn out? _____ .

How did things turn out? _____ .

What did you learn? _____ .

How did you feel after you tried your best? _____ .

TRY AGAIN

Can you think of a time you didn't succeed at first, but tried and tried again, and then you finally succeeded? Write it down.

I tried again when _____ .

Write about what happened. _____ .

How did you feel after you tried again and succeeded? _____ .