



## Quiz Answer Key

1. Name two ways people can spread cold and flu germs:

*Any two of the following: sneezing in the air or hands, coughing in the air or hands, not washing hands*

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2. True or false: Kids should cough or sneeze into their backpacks.
3. True or false: Kids need to get a flu vaccine once a year so they don't get sick.
4. When you have a cold you may:
- a. feel tired
  - b. have a stuffy or runny nose
  - c. have a headache
  - d. all of the above
5. True or false: You only need to wash your hands after you use the bathroom.