



Personal Health Series **Empathy** 

## How Would You Feel if ...

Instructions: Read the different situations. If this happened to you, how would you feel? What would you want people to say to you? In your groups, act out the situations. Take turns being the kid in these situations. How could you let people know how you're feeling? What could you say or do to help the kid feel better? Share how your group talked about the different problems.

