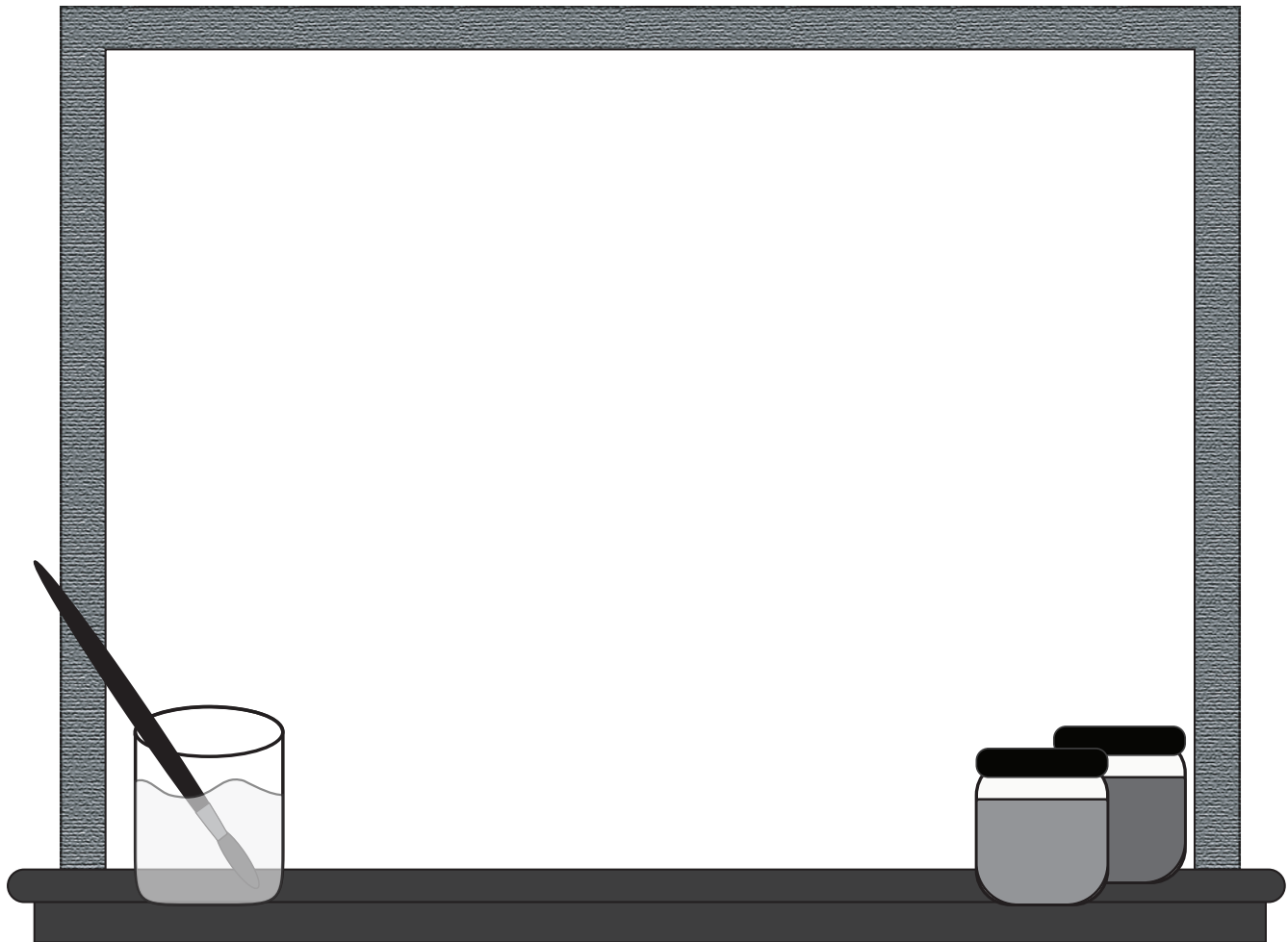


im
healthy

Lesson 2: Find Three Good Things - Draw One Good Thing



Draw and color a good thing that happened.

Write the title of your picture: _____.

Write how you felt and why: _____.

I felt _____ because _____.

Feel the good feeling again as you think back to it.