



Quiz Answer Key

1. True or false: Eating disorders are common among teens.
2. True or false: People with eating disorders can become withdrawn and less social.
3. True or false: Each eating disorder has its own single cause and treatment.
4. True or false: There are lots of ways people who feel bad about themselves or their bodies can improve their self-esteem.
5. True or false: There are lots of ways to help a friend who has an eating disorder.

Extra credit

Identify which eating disorder each person might have:

- Scott is about average weight for his height. He must be in good shape - it seems like he exercises every chance he gets. After lunch, you've seen him eating a whole bag of candy in the bathroom stall. You've also walked into the bathroom to see him making himself throw up after lunch.
Scott may have bulimia.
- Tamara is 5'7'' and weighs 120 pounds. She thinks she's way, way overweight. She doesn't have breakfast and at lunch she calculates the calories of everything she eats. And she barely eats anything.
Tamara may have anorexia.