



Fishing for Safe Food

Instructions: Cut out each of the food cards below. For multiple students to be fishing at once, print multiple copies of this handout. Fold each card in half (graphics facing in) and attach a paper clip to it. Place food cards with paper clips into a fishing hole, which can be a hula hoop on the floor or a circle of masking tape. Use string to make a fishing line (length depends on the height of students). Tie one end of the string to a pencil or wooden dowel, to serve as a fishing pole. Tie a magnet to the other end of the string. Make as many fishing poles as you want students to be fishing at once. Decide what allergy you'll be fishing for: peanut, milk, or egg. Set a time limit for each child or each group of kids to fish. If the food is safe for kids with allergies, they keep the card. If not, they toss it back in the fishing hole. Whoever has the most catches when time is up wins!

