



Name: _____

Date: _____

Quiz

Instructions: Answer each question.

1. True or false: You can catch diabetes like a cold. T F
2. The sugar that is the body's main source of energy is called:
 - a. glucose
 - b. insulin
 - c. cell
3. _____ helps glucose get into your cells. It's like a key that opens the doors to the cells of the body.
4. List two ways you can help prevent getting type 2 diabetes:
5. True or false: Kids with diabetes can run, jump, and play like any other kid. T F