



Name:

Date:

## Deeper Breathing Fun

Instructions: In each box, draw yourself doing a fun activity that can make you breathe faster than normal. Write the name of each activity on the line under each box.

A large, empty rounded rectangular box with a thick black border, intended for drawing and writing.A large, empty rounded rectangular box with a thick black border, intended for drawing and writing.A large, empty rounded rectangular box with a thick black border, intended for drawing and writing.

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