



Name: _____

Date: _____

Quiz

Instructions: Answer each question.

1. In type 1 diabetes, the pancreas can't make insulin because:
 - a. the person is overweight or obese
 - b. the body's immune system has attacked the pancreas
 - c. the person eats more simple carbs than the body can handle
 - d. all of the above
2. When a person has type 1 diabetes:
 - a. there's not enough insulin to move glucose from the blood to the cells
 - b. there's too much insulin and not enough glucose
 - c. the body has too much glucose
 - d. insulin levels drop if the person doesn't eat enough
3. Once a person has type 1 diabetes:
 - a. they need a new pancreas
 - b. the pancreas makes too much insulin
 - c. they need to eat right to keep their pancreas functioning properly
 - d. the pancreas can never make insulin again
4. People with type 1 diabetes need to:
 - a. lose weight
 - b. take insulin in shots or with a pump
 - c. remove sugar from their diets
 - d. take insulin pills
5. With type 2 diabetes:
 - a. the body does not produce insulin
 - b. the body doesn't respond normally to the insulin it makes
 - c. blood sugar is always too low
 - d. there is not enough glucose in the body
6. When glucose is less able to enter the cells and supply energy, it's called:
 - a. glucose resistance
 - b. glucose overload
 - c. insulin resistance
 - d. insulin overload
7. True or false: People can sometimes prevent type 1 diabetes. T F
8. True or false: People can sometimes prevent type 2 diabetes. T F
9. True or false: Most people who have type 2 diabetes are overweight. T F
10. True or false: If teens don't manage their diabetes well, the signs won't start to show until they are adults. T F