



Name: _____

Date: _____

Quiz

1. A person with _____ eats a huge amount of food, then tries to get rid of it by throwing up or taking laxatives and exercising a lot to burn the calories.
2. A person with _____ is afraid of gaining weight and thinks his or her body is too fat, even if the person is really thin.
3. True or false: Someone with an eating disorder stay away from social activities like parties or going out to dinner.
4. Which one is not a cause of an eating disorder:
 - a) Stress
 - b) Dental cavities
 - c) Depression
 - d) Low self-esteem
5. True or false: If you have low self-esteem, there's nothing you can do about it.