



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Quiz

Instructions: Answer each question.

1. The flu is caused by the \_\_\_\_\_ virus.
2. Flu symptoms can be:
  - a. mild fever and chills
  - b. cough
  - c. body aches
  - d. all of the above
3. True or false: Doctors recommend that everyone older than 6 months should get a flu vaccine every year.
4. True or false: You can get infected by flu germs just by standing next to someone who has the flu.
5. \_\_\_\_\_ is the best thing you can do to avoid getting cold and flu germs.
6. The most common type of cold virus is the:
  - a. hippovirus
  - b. dinovirus
  - c. rhinovirus
  - d. all of the above
7. Your \_\_\_\_\_ system protects your body from germs and illness.
8. True or false: You can catch a cold if you breathe in cold viruses on mucus droplets in the air.
9. True or false: You can catch a cold if you don't dress in warm clothes.
10. You might have a cold if you're:
  - a. hungry
  - b. coughing and sneezing
  - c. alert and full of energy
  - d. all of the above