



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Quiz

1. Name at least two of the four major types of germs:
  
2. True or false: Germs can spread through the air when someone coughs or sneezes.
  
3. The best way to protect yourself from germs, and to avoid spreading germs to other people, is to:
  - a) wear a surgical mask and gloves whenever you leave your home
  - b) stay inside all the time
  - c) wash your hands
  - d) keep a bar of soap in your backpack
  
4. Underline the times when it's important to wash your hands:
  - a) before eating
  - b) before doing the wave at a sports event
  - c) before putting on gloves
  - d) after using the bathroom
  - e) after blowing your nose or coughing
  - f) after taking a shower
  - g) after playing outside or with your pet
  - h) after being with someone who's sick
  
5. True or false: It's OK to eat food if it's on the floor for less than 5 seconds.